Who Should Attend:
Addiction Workers
Problem Gambling Prevention Workers
Substance Abuse Prevention Workers
Medical & Health Care Professionals
Police, Fire, EMS & Corrections Workers
Employee Assistance Providers
First Nations Support Workers
Social Workers
Educators
Clergy & Spiritual Counsellors
Human Resource Professionals

59th Annual Institute on Addiction Studies

July 8th - July 12th, 2018
Ivey Spencer Leadership Centre
London, Ontario, Canada

59 years of Personal and Professional Development

Addiction Studies Forum Inc.
Box 322
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1-866-278-3568 (toll free)
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www.addictionstudies.ca

Proudly Canadian
Welcome to the 59th Annual Institute on Addiction Studies.

On behalf of the Planning Committee and Board of Directors of the Addiction Studies Forum Inc., I am pleased to officially welcome you to the 59th Annual Institute on Addiction Studies. Whether you are a returning delegate or if this is your first time attending, I’m confident you will not be disappointed. As opposed to today’s modern learning options that offer online courses, webinars and distance learning, nothing can replace the value of face to face human interaction and networking that our conference offers.

We pride ourselves on providing a conference with high standards that we have learned over the years is what you the delegate asks for. Combined with our new venue of choice, the Ivey Spencer Leadership Centre with its premium accommodations and delicious meals, we offer a unique conference with the added component of rest and self-care that is best described by our slogan, Personal and Professional Development.

Welcome, relax and enjoy.

Tom Gabriel
President
Addiction Studies Forum Inc.

Keynote Address
Sunday, July 8th - 7:00 pm

Frank O’Dea O.C. LLD
“The Power of Hope, Vision and Action”

With hope – all things become possible. With hope, one has the courage to change the present into a very different future. With hope, dreams are possible; with hope one has the persistence to follow the dream and with hope one can – and will – become much more than you ever dreamed possible. Frank demonstrates this power of hope by using his own story and experiences of hope, courage, change and persistence. Humble yet powerful, Frank relates how he went from the bowery, panhandling for nickels and dimes not so many years ago, to the successes he has achieved today. This is truly a motivational story. Audiences from all walks of life identify with this very real story of achievement, and Frank’s warm style convinces his audiences that he is speaking directly to them. Despite the many obstacles over the decades, dedicated organizations, professionals and members of our communities, have stood up and advocated for people with these illnesses. Through these efforts, progress has been made, many have been helped, but we still have a long way to go. We are now entering a pivotal time in our history, with mounting evidence and heightened public awareness of the vast impact of addiction and mental illness. This session will discuss current system issues and opportunities, and the potential to create real change for the future.

As a young man, Frank O’Dea was a homeless person, living on the streets, panhandling for nickels and dimes. Today, he is a celebrated business person. Best known as a founder of The Second Cup, he also was involved in founding a number of other successful international businesses and not-for-profits. These include Proshred Security, War Child Canada, Street Kids International and the Canadian Landmine Foundation. He has been appointed an Officer of the Order of Canada and two Canadian universities have awarded him honorary degrees. This is an inspiring story of resilience and triumph in the face of adversity, which is also recounted in his best-selling book “When All You Have is Hope”. Mr. O’Dea’s most recent projects include YP-IT Data Inc, a remarkable social enterprise that taps into Canada’s widely under-employed youth workforce. He is also founding Chair of “My Idea of Canada”, a nationwide initiative that will engage Canadian youth on the occasion of Canada’s 150th Anniversary.

Course Ratings

1. Level 1 - Entry Level
   Entry level courses for those who have little or limited experience in the addictions or helping field.

2. Level 2 - Intermediate
   Entry level to advanced. For those with some experience or knowledge in the addictions or helping field.

3. Level 3 - Advanced
   For those with substantial experience in the addictions or helping field. Some material is at the clinical level of learning and is suitable for those with post secondary to university level education.

NOTE: Ratings are determined on course content and the course presenters input. Addiction Studies Forum Inc. reserves the right to make the final determination of a course rating level.

All courses and presentations have been pre-approved for Continuing Educational Units (CEUs) by the Canadian Addiction Counsellors Certification Federation.
Chris D. Lewis became Commissioner of the Ontario Provincial Police (OPP) on August 1, 2010, assuming leadership of one of North America’s largest deployed police services. During almost 36 years as a police officer and leader, he amassed a wealth of operational policing experience, particularly in front-line service delivery, various investigative disciplines and tactical operations. As Commissioner, he oversaw front-line policing, traffic and marine operations, emergency response and specialized and multi-jurisdictional investigations throughout the Province of Ontario, delivered through over 9,000 OPP personnel. He was a supervisor, senior officer and executive for 28 years of his career. Although he retired from the OPP on March 31st, 2014, he continues to lecture on leadership and policing issues, including First Nations policing challenges, across North America. He has also written a book on leadership, entitled: Never Stop on a Hill (all of the profits from his book is donated to the Special Olympics). Lewis’ leadership experience is wide and varied, including tenures as Deputy Commissioner of OPP Field Operations; Commander of the Investigations Bureau; the Information Technologies Bureau; and the Emergency Management Bureau; as well as the Director of the Criminal Intelligence Service Ontario at the then Ontario Ministry of Solicitor General. He was Regional Commander of the OPP’s East Region; served as Director of the Criminal Investigation Branch; the Information Technologies Bureau; and the Emergency Management Bureau; as well as the Director of the Criminal Intelligence Service.”
Monday, July 9 . . . Choose one full day session or two half day sessions

1. (full day session)
Using Group Work to Help Clients Recover and Heal
Dennis Kimberley BA, MSW, PhD, RSW

The success of mutual aid movements such as A.A. is based on the acceptance that few can address addictions alone, as it is fundamentally interdependent. Paradoxes of group practices in treatment and in additions do addictions th...the support and enhanced by enabler interdependent influence of group structure, process, social space, and client-centered content, to all work in dynamic interaction. Expected group treatment effects are fundamentally movements away from dependency to healthy interdependence and optimized healthy independence. This workshop addresses a range of pathways and purposes in applying the power of diverse group strategies to achieve positive treatment effects while avoiding damaging group dynamics.

Dr. Dennis Kimberley has over 50 years experience in working in the addictions field with a wide range of populations and age groups. He has undertaken advanced group practices training and has undertaken group work since 1965, with over 50,000 hours of direct practice experience, with about 20% of that being group work and group therapy. As well, he has designed group programs appropriate for different populations, issues, settings, and mental health. Dr. Kimberley has been a leader in promoting women only groups, men only groups, and integrated groups. His group work experiences have included services for sex offenders and the sexually addicted. His group practice experiences have also included service to community groups involved in conflict and war. He has conducted training sessions and taught advanced group practices for over 20 years.

2. (morning session)
Supporting the Bereaved: A Workshop for Caregivers
K. Paul McKenzie CTR, CTSS

This half day workshop will improve your ability to support the grief experience of someone bereaved through the loss of a loved one. The workshop content includes personal response to loss, examination of personal beliefs and feelings about the significance of loss in the bereavement process, grief counseling, and support to a family in the loss of a loved one. As well, the workshop will engage caregivers to discuss strategies they use when working with the bereaved. The workshop contents will be focused on teaching you how to work effectively with grief and bereavement issues.

K. Paul McKenzie is the Mke’Aam First Nation, Warrior of the Wolf Clan, is a former Halton Regional Police Officer (RPO), having served in Patrol Division, Mounted Division and as the Employee and Family Assistance Program Coordinator. Paul is presently the Firefighters and Family Assistance Program Manager for the Humber Regional Fire and Emergency. Paul has also worked with the Native Community in the Maritimes as the liaison officer between the Regional Police and the Native Community. He continues to serve as a volunteer with the Native Community across Canada. As well, he has served on the Atlantic First Nations Task Force on Employment, has worked as a traditional healing consultant for the Welland Indian and Metis and the Native Elders’ Nest Recovery House. Paul is also a partner of the Eagle’s Nest Recovery House. Paul is also a past member of the First Nations Task Force on Employment, has worked with the Native Elders’ Nest Recovery House.

3. (morning session)
Creating Person Centered Accommodations: An Introduction to the Neurobehavioural Model (for FASD & other Neurobehavioural conditions)
Nancy Hall BA

Fetal Alcohol Spectrum Disorder and other Neurobehavioural conditions (FAS/ FASD) encompass the spectrum of brain-based conditions and a wide range of abilities. Nancy Hall’s one and one-half hour session introduces a research- informed conceptual foundation linking brain function with behaviors and outlines an evidence-based emerging best practices approach to developing appropriate and effective person-specific strategies for support, in all settings. It suggests a common language for participants to enhance ongoing collaboration and networking among those working with people with FASD and other brain-based physical conditions in all systems.

Nancy Hall has been a FASD community development facilitator, educator and consultant for the past 13 years, as well as, a member of the FASD Ontario Network of Expertise (FASDONE) for 9 years. Nancy also co-authored a research paper on Effective Service provision for people impacted by FASD, in 2009. And most recently, Nancy has been working with FASD expert Diane Malbin for the last four years. This has resulted in Nancy becoming a part time Program Director FASCETs, in Portland, Oregon and the creation of the satellite agency FASCETs Canada.

4. (morning session)
Substance Use during the Life Cycle of Sexual Violence
Leah Marshall, MSW, RSW

With 1 in 5 women being directly impacted by sexual assault, and the secondary effects impacting family, friends, and community, the prevalence of sexual assault is a public health concern (Black et al., 2011). This presentation will focus in on the lived experience of survivors of sexual violence. How does substance use work deceptively into experiences of sexual violence from perpetration to coping with the impact of trauma? This workshop will provide information on the cultural context that contributes to sexual violence, societal messaging that surrounds the relationship between substance use and sexual violence, coping strategies used by survivors, and how clinicians can work with survivors using a trauma informed practice.

Leah Marshall completed her BSW and MSW degrees at King's University College in London, Ontario. She works within the field of social work focused on advocacy, system navigation and providing trauma informed support for survivors of sexual violence. She works with survivors on a college campus, and provides trauma informed counselling in a hospital based sexual assault and domestic violence victim advocacy Program. For the past two and a half years Leah has also worked as a harm reduction/housing first focused street outreach worker. In this role she has focused on the impact of mental health, addiction and poverty on the lives of many in her community.

Lauren Bloom holds a Master’s of Social Work from the University of Maryland, Baltimore with an emphasis on behavioral health and Employee Assistance Programs. Her clinical internship experience focused on assisting sexual assault survivors on a university campus and working with employees facing workplace issues including substance use at an internal Employee Assistance Program. She has completed a 200 hour Registered Yoga Training (RYT) and has worked with survivors of sexual trauma. This hands-on practice to assist in their healing journey.

5. (afternoon session)
Drugs and the Brain: An Introduction on How Psychoactive Substances Actually Change You
Rick Csiernik PhD, RSW, CCAC

This workshop will explain what psychoactive drugs actually do to the brain and how this creates dependency and impacts the process of addiction and recovery. The workshop will explore how each specific family of drugs (depressants, opioids, stimulants, hallucinogens) alters the brain and how this influences a person’s behaviour. The workshop will conclude with an examination of how to use the sleep cycle and your dream state and we will discuss the implications of this on physical and mental health.

Rick Csiernik is Professor, School of Social Work, King’s University College at Western University. He has written several books related to addiction including Just Say Know: A Counsellor’s Guide to Psychoactive Drugs, and many peer reviewed articles. Csiernik has been named the UFOC Expert. He has had the pleasure and privilege to present at the Institute on Addictions conference for several times. He hopes he has not worn out his welcome yet just.

6. (afternoon session)
Sobriety as a Value: A Practical Approach to Helping Clients Value Sobriety and other Healthy Behaviours
Barb Robinson

As a counsellor, value clarification abilities are of great assistance to your clients. Once a person is aware that they have an addiction, they can learn to match a value they perceive themselves to hold, this discrepancy can be a tremendous motivator for change. If the counsellor can help them to discover the discrepancies between their value and their behaviour, and to help them to see their own value, then sobriety will become easier. Of course, a risk exists that the person will instead choose to change the value to match their behaviour, and the skilled counsellor must be prepared to protect their client against destructive choices. Value clarification can be a powerful agent of change, and a tool to direct change, but also an individual, and for someone in a helping role to others. This tool for the skilled helper can assist the client to be able to define what values that person is made of, and to become the person they want to be. In this workshop you will practice steps of a values clarification process and several additional values clarification techniques that can be used with mental health and addicted clients and their families.

Barb Robinson is the Program Head/Instructor at the Substance Use during the Life Cycle of Sexual Violence B4 (morning session)

7. (afternoon session)
Residential Schools
Ida Martin M.Ed

This session will consist of the history of Residential Schools, Settlement, Agreement and Independent Assessment Process, Impacts and residential school and the Residential School and brief overview of the Truth and Reconciliation Commission.

Ida Martin was born and raised on the Six Nations of the Grand River Reserve and is a Mohawk of the Wolf clan. She earned her Masters of Education and Counselling, from Niagara University New York. She is also certified in Cognitive Behaviour Therapy and a Registered Social Worker. Her various employment experiences include a Supply Teacher on Six Nations Reserve, Children’s Aid Society Front Line Protection Worker, Drug and Alcohol Counsellor, Educational technician at Mohawk College and as a Clinical Worker at Social Services and Reconciliation Health Support for the Ontario Residential School Survivors Society. Her current position as Health Support is to offer emotional support, guidance and information on the Independent Assessment Process to claimants attending on their own or in groups. These Hearings are part of the Settlement Agreement for Residential School Survivors who suffered abuses and may be financially compensated.

Corene Cheeseman of the Mohawk Nation, Turtle Clan was born and raised on Six Nations in a family of 10 children. A college graduate and a Certified Addictions Counsellor, Corene’s background has been in the addictions field for the last 21 years. She presently is an Aboriginal Alcohol and Drug worker at the Hamilton Regional Indian Centre in Ontario.

8. (7:00 PM - 9:30 PM)
S.C.R.A.P. of the Feather Healing Through Song
Corene Cheeseman CAG II, CGC, SSW

S.C.R.A.P. (Spirit, Culture, Attitude, Responsibilities) is a workshop that includes information on the losses and changes experienced by Native Nations since the ceasing of other non-Native Nations. The workshop will include residential schools and the changes that have occurred to the various Nations over 500 years. This interactive workshop also gives the participants a journey of healing through native song. This is an excellent opportunity to gain the cultural knowledge and background of Native Nations when working with native clients who are suffering from addiction.

H. Neil Monagle is a First Nations person who has been on a spiritual journey for 26 years in which he has suffered much of his traditional teachings including working with teachers and surrounding. Dealing with his own spirit has given him the opportunity to embark on a road in helping others to strengthen their own spirit by way of song, drum, and smudge. H. Neil also works in the aboriginal community as an alcohol and drug counsellor.

Corene Cheeseman of the Mohawk Nation, Turtle Clan was born and raised on Six Nations in a family of 10 children. A college graduate and a Certified Addictions Counsellor, Corene is also a workshop facilitator, creating and teaching material and engaging in dialogue with teachers and surroundings. Dealing with his own spirit has given him the opportunity to embark on a road in helping others to strengthen their own spirit by way of song, drum, and smudge. H. Neil also works in the aboriginal community as an alcohol and drug counsellor.

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Tuesday, July 10. Choose one full day session or two half day sessions.

C1 (Full day session)

Adult Attachment and Addiction
Annette Kussin MSW, RSW

Adult Attachment forms by the combination of early childhood experiences with caregivers and later relationship experiences. Children who do not have positive experiences of attachment are at risk to develop insecure Attachments which continue into adulthood. Similarly to children, adults may also feel long to feel safe, secure and nurtured in their adult relationships but will replicate their negative early self-perceptions and their inability to regulate their own emotions in these relationships. This workshop will describe the Categories of Adult Attachment and give a treatment model based on the attachment theory. The treatment model focus on helping clients understand their attachment classification and how it affects their ability to regulate their own emotions and to understand their partners' emotional states. By focusing on their distress and regulating their own emotions clients will be able to help their partners regulate their own emotions. The workshop will use activities, videos, and discussion to look at this topic and explore ways to help our clients heal.

C2 (morning session)

Addiction Treatment: What Do We Know and What We Can Do With It
Gabriela Novotna MSW, PhD

This workshop will focus on viewing the implementation and use of Evidence Informed Practice (EIP) as an individual activity closely related to the attributes of the individual therapist and therapeutic attachment. The main objectives of this workshop will provide participants with knowledge and tools to gain better understanding and critical awareness of the values, ethics and beliefs that inform the formalization of EIP and the issues related to the implementation and outcomes of EIP. Specifically, the workshop will address the following topics: What is EIP? (1) What counts? (or should count) as knowledge/ evidence in addiction treatment services?; (2) What is the role and value of other sources of evidence, e.g., lived experience of recovery, traditional or non-Western models of knowledge and wisdom, clinical practice skills in informing practice-based decisions in addiction treatment agencies?; and, (3) What are the stages and key components of adoption, implementation and sustainability of EIP in addiction treatment agencies? The workshop will conclude with hand-on activities identifying the application of some core principles of implementation process, identification of barriers and facilitators of EIP at local and national levels of EIP.

C3 (morning session)

PTSD & Substance Use: Medicine or Menace?
Wendi Woo MA, C.Psych. Associate
Harry Vedelago MSc., MD, FCFP ABAM

The rate of co-occurrence between Addiction and PTSD is high, with some studies finding a 50% or higher co-occurrence rate between the two. Some studies have suggested that the risk for the development of PTSD increases tenfold when cannabis is being beneficial to the PTSD sufferer while others highlight the dangers. This session will explore the biological and psychological differences between use, abuse, dependence and addiction. The interplay between PTSD and addiction will be discussed along with implications for assessment, diagnosis, symptom presentation and course of treatment. Therapy skills focused on substance use disorder and co-occurring presentations will also be addressed.

Wendi Woo is a Clinical Psychological Associate with a practice in both psychotherapy and psychodiagnosis. Much of her career has focused on the areas of post-traumatic stress disorder and on addictions. She has co-authored papers and presented at conferences on both PTSD and addiction. In addition, she has given a workshop for Traumatic Stress Recovery at the Homewood Health Centre for many years before moving over to the Addiction Medicine Service at Homewood. This workshop will cover the interplay between PTSD and the clinical manager of the Addiction Medicine Service for almost four years. She currently runs her own addiction and mental health private practice as a member of the Wellness Collaborative in Guelph Ontario where she maintains a special interest in working with First Responders.

Dr. Harry Vedelago practiced as a Family Physician for 30 years before joining the Homewood Health Centre in the Addiction Medicine Service in 2003. In 2012 he became Chief of the service. In 2004 he was certified by the American Board of Addiction Medicine, was granted a Diplomat status by the American Board of Addiction Medicine in 2009 and was successfully re-certified in Addiction Medicine in 2016. He currently practices at the Homewood Health Centre.

C4 (morning session)

Get to know your Inner Child
Liana Sullivan MS, ICACD, CCCS

The inner child is real, not literally or physically but a very real part of our psyche that includes all that we learned and experienced as children, before puberty. The inner child denotes our earliest self-concept and is formed during our childhood and forms a picture of our identity and current 21st century world. This workshop will help us understand and engage with our inner child, focusing on the development of a trusting relationship with the inner child and healing the inner child.

Gabriela Novotna is an Associated Professor at the Faculty of Social Work, University of Regina and a Researcher with the Saskatchewan Population Health and Evaluation Research Unit (SPHERU). During her doctoral and postdoctoral studies in Waterloo (Wilfrid Laurier University) and Toronto (McMaster University), she has lead research with the goal to develop and test a new model to improve the care and outcomes for alcohol use disorder (AUD) patients. Her research focused on organizational delivery of problem gambling treatment has been supported by the Alberta Gaming, Liquor & Cannabis Commission and the Canadian Centre for Addiction and Mental Health. Currently, she is a Co-Principal Investigator of inter-provincial multiple case studies conducted in Alberta, Saskatchewan and Ontario. The most recent research award from Saskatchewan Health Research Fund (SHRF: 2017-2019) awarded to Gabi and her research team focusses on training professional identity and the components of practice-related decision making in addiction professionals who are involved in professional identity development. Gabi has participated in the ongoing research project on Contingency Management for substance use disorders in collaboration with Canadian Research Initiative in Substance Misuse (CRISM), The Prairie Node. At the national level, Dr. Novotna participated as one of the seven subject matter experts in the creation of the Canadian Addictions Counselors Certification Examination (October, 2016).

C5 (afternoon session)

Managing Clients with Borderline Personality
Beth Reade MD, FRCPC

In this workshop we will review; The facts and myths about Borderline Personality Disorder (BPD), the differences between BPD and other mental illnesses including addictions. Theories of what causes BPD and evidence-based treatments for BPD and addictions. BPD and addiction comorbidity. BPD and borderline personality. In the workshop we will practice: Identifying signs of BPD. Screening for BPD in a respectful way. Providing clients hope and resources. Creating and using an effective management plan for BPD clients.

Dr. Elizabeth Reade is a psychiatrist with 25 plus years experience in the treatment of women with Borderline Personality Disorder. She has worked as the consultant in an inpatient treatment program for over 10 years. She is a consultant with the Women’s Health Research Institute at McMaster in addition to being a professor at McMaster University’s Dept of Psychiatry and an enthusiastic teacher.

C6 (afternoon session)

Family and Addictions
Brian Jones RP, ICACD, CSAT
Marie Lloyd RP, ICACD, CCAC

This workshop focuses on the impact of addiction on family members. Addiction hurts all members of the family unit. Family member’s adaptive behaviour develops over time and can include controlling, manipulating, investigating, raging, shaming, pleading and enabling. They often feel that they are on high alert due to their partner’s addiction. Often they can question their own identity due to the addicted person’s dishonesty and denial. Family members have trouble focusing on their needs and their boundaries. This workshop explores these behaviours and identifies ways that the therapist can support the family to detach from the addict’s behaviour and focus on their own needs, boundaries and behaviours.

Brian Jones is a Registered Psychotherapist in private practice with a special interest in addiction treatment with those seeking recovery from substance and process addictions and their family members. He is a certified sex therapist (CSAT), International Certified Alcoholic and Drug Addiction Counselor (ICACD). He also enjoys working with couples and youths. He is a former program director and program manager at De Novo Treatment Centre.

Marie Lloyd is the Executive Director of De Novo Treatment Centre, a position she has held since 2012. Prior to this, Marie was the Program Manager at De Novo. From 2004 to 2010 Marie Hamilton (McMaster University) conducted research on Outreach Muskoka Parry Sound. In Marie’s mid-30’s she returned to school. Marie attended Ryerson College taking a Certificate in Gerontology. Marie returned to school and received a number of awards for her work in the field of addiction, some of the following: Central Ontario Mental Health and Addiction award for contributions to this field (2006), Peter Armstrong Community Award of Excellence (2016), and the Jeff Willee award for work in Addictions and Mental Health (2017). Marie has sat on numerous Boards that include the Burke Falls Hospital, Employment North, and the Ecumenical Catholic Church of Christ. Marie is an active member in many community groups.

C7 (afternoon session)

Yoga for Recovery and Wellness
Evonne Sullivan BA, CHRL, RYT 200

Through theory and demonstration, participants will learn about yoga, mindfulness and meditation for mental health and addiction recovery. The benefits of utilizing the mind-body connection will be addressed, including as a relapse prevention tool and a positive addition to a well-rounded, sustainable health plan. Tying together specialized trainings and lived-experience, Evonne will provide take-away-tools and share her personal journey. Focusing on the relationship between mood management and the mind-body connection, sessions offer a combination of breathing, mindfulness, movement, music and meditation. The physical, mental, emotional and spiritual benefits of a yoga practice will be explored. For all levels: beginners to regular practitioners. Improving the mind-body connection through the practice of yoga and mindfulness, inner peace and relaxation can be found in both adults and adolescents, yoga is gaining popularity as part of an effective treatment plan for various conditions and disorders, including stress, anxiety, depression, trauma and addiction.

Evonne Sullivan is a Registered Yoga Teacher specializing in yoga and mindfulness for mental health and addiction recovery. With lived experience, her regular yoga practice is fundamental in her ability to overcome struggles with anxiety, depression, and trauma. Evonne facilitates independent wellness and recovery groups through her ‘Yoga for Wellness & Recovery program’ and EvonneSullivan.com, as well as working with a variety of clients, organizations, businesses, educational institutions, conferences and special events. Evonne credits her health, wellness and sobriety to living consciously and in touch with the mind-body connection.
The story of the evolution and rise of Mackay Manor to become a fully integrated treatment program for all addictions. The treatment of Tobacco addiction has long been the “Elephant in the Living room” for our field, even though the leading cause of death for clients with Alcohol and Drug problems who smoke is smoking related illness. We will share our 8 year journey to become an innovative program treating Tobacco Addiction with the respect it deserves, and talk about all the positives that have been realized.

Tom Carroll has been the Executive Director at Mackay Manor for 15 years. During his tenure he has brought forth many innovative measures to assist the healing process for his clients and the people of Renfrew county. He is recognized as a leader in the fight to combat Tobacco Addiction and offer meaningful options for his clientele.

This interactive session will be in two parts. The first part will look at the challenges faced by Trans identified people accessing services. We will look at the social determinants of health for the Trans identified client and the barriers they face.

The second part of the session will consist of the shared experience of providing treatment to Trans identified people from the perspectives of both the care provider and the client.

Dr. Joyce Carver is the co-founder and Executive Director of Windsor-Essex Transgender and Allied Support. Ms. Carver, along with a carefully chosen team of like-minded community members, has worked to enhance the health and well-being of transgender, genderqueer, two spirited, gender non-binary, and gender questioning individuals. Ms. Carver works in evidence-based activities, programs and services that create community on a platform of empowerment. Ms. Carver focuses on the provision of essential resources and advocacy work that recognizes and honours the important of peer-led programming. With a focus on human rights, Ms. Carver embraces and supports the diversity of a marginalized population. These contributions are bringing about a reduction in isolation of Trans individuals, creating community and visibility of Trans individuals, and providing tailored supports in our community from a person-centered perspective that relies on strong partnerships with other community agencies.

Dr. Eliza Read is a psychiatrist with 25 plus years’ experience with a special interest in treating patients with Concurrent Disorders. She has worked as the consultant in an inpatient addiction treatment program for over 10 years, is a professor at McMaster University’s Dept of Psychiatry and an enthusiastic teacher.

Back by popular demand, Dr. Beth Read is presenting 2 new practical and interactive workshops (see course number CS).

This presentation will explore the online identity/identities we present to our audience when utilizing social media platforms. The possibility of constantly reinventing and altering our online identity is at our fingertips, which is partially responsible for the “perpetual treating of our identity” there are a number of sociocultural factors that are considered. Questions around whether to post certain photos, how we describe ourselves, likes and dislikes, and feelings we feed/do not feed to our audience. How do we navigate and represent gender, race, ethnicity, creed, nationality etc. online? How do we compare ourselves to the online identity of others? Does social media render us more social? Does it force us to box ourselves into fillable content platforms and make it even more difficult to disconnect from the screen? These questions and more will be addressed during this interactive presentation on social media addiction and mental health.

Janyan Warren has been in the field of addictions since 2005. She has worked in various roles, including northern addictions worker, addictions counselor, and addictions service manager. She is recognized as a leader in the fight to combat Tobacco Addiction and offer meaningful options for his clientele.

Mike Hann has his Addiction Careworker diploma through McMaster University and is C.C.A.C certified through CACC. Mike has been involved in the addictions field for over 20 years. Hes an experienced treatment facilitator, group leader, and coordinator. Mike has been involved in a volunteer capacity with Westover Treatment Centre for over 10 years. He was appointed as the Clinical Director at Westover Treatment Centre for 10 years, where she developed her counselling skills and recovery wisdom, not only from her peers, but also the clients she worked with. Audrey holds a Bachelor of Arts degree in Psychology from Brock University. Audrey is a Certified Addictions Counsellor in good standing with the Canadian Addiction Counsellors Certification Federation (CACCF) since 2011. She currently holds Certification as a Canadian Certified Addiction Counsellor and Certification as an International Certified Alcohol and Drug Counselor.

Mike has facilitated groups for Trans and non-transgender people in Canada. Blanket Exercise is a teaching tool that has been used by many people in Canada. Blanket Exercise has been taken by participants on the role of indigenous peoples in Canada. This teaching tool helps to bring together and educate participants about the effects of colonization and resistance. This workshop is designed for educators, facilitators, and community members. This workshop is designed to help participants understand the impact of colonization, resistance, and healing on indigenous peoples in Canada.

NOTE: Participants are asked to bring their own blanket with an expectation it will be shared by others. An older blanket is suggested.

A teaching tool that has been used by many people in Canada. Blanket Exercise is a teaching tool that has been used by many people in Canada. Blanket Exercise has been taken by participants on the role of indigenous peoples in Canada. This teaching tool helps to bring together and educate participants about the effects of colonization and resistance. This workshop is designed for educators, facilitators, and community members. This workshop is designed to help participants understand the impact of colonization, resistance, and healing on indigenous peoples in Canada.

Dr. Sherry Van Blyderveen is a psychologist and the Program Director for the Eating Disorders Program at Homewood Health Centre in Guelph. She is an Assistant Professor (Part-time) in the Department of Pediatrics at McMaster University. Her previous experiences include a variety of hospital and community roles in child and adolescent mental health, private practice and correctional settings.
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☐ Full Tuition ☐ $600.00 ☐ $650.00
☐ Daily Rate ☐ $195.00
(lunch included in Daily Rates)

Accommodation (indicate selection below)
☐ Single Accommodation (with meals) ☐ $905.00
☐ Saturday Evening Accommodation ☐ $160.00

Addiction Studies Forum Inc. will NOT be responsible for costs incurred by early arrivals. If a reservation is required for those arriving SATURDAY EVENING, a $160.00 fee will be added to your total. Please indicate if you require Saturday evening accommodation ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Please check this box if you have mobility issues requiring wheelchair access ☐

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Please indicate your 1st and 2nd choice for courses

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<td>Sunday Keynote Address 7:00 pm</td>
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<tr>
<td>Thursday Plenary Address 9:30 am</td>
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Note: Keynote and Plenary session are included in full tuition fee otherwise a $90.00 tuition fee applies for each session.

Corporate Rates For Groups Available
Call Linda Hood at 1-866-278-3568

Education Sub Total ____________
Accommodation Sub Total ____________
Saturday Evening Sub Total ____________
GRAND TOTAL ____________

Method of Payment

Make Cheques Payable to Addiction Studies Forum Inc.
Credit Card:   VISA     MASTERCARD   (circle choice)
Card Number ____________
Expiry Date ____________
Name on Card ____________
Signature ____________
( not valid unless signed)

REGISTRATION POLICIES
A $100.00 deposit is required upon registration with the balance payable by July 6th, 2018. There will be a $50.00 nonrefundable cancellation fee. The Institute (Addiction Studies Forum Inc) reserves the right to cancel or reschedule all sessions and courses.
Sponsors
We would like to thank the following for their generous support of the 59th Annual Institute on Addiction Studies:

- UFCW Canada
- Toronto Police Association
- Peel Regional Police Association
- Wilfrid Laurier University
- Laurier
- Thistle Printing

Conference Highlights
This conference continues with the tradition of meeting the educational needs of our delegates while providing the opportunity of participating in self care and rejuvenation. In addition to enjoying the serene environment and the delicious meals, we invite you to join in any of the following activities to enhance your experience and to network with delegates from across Canada and the USA.

- Morning Ceremonies
- AA & NA Open Meetings
- Fireside Outside Lounge
- Music
- Evening Activities

Delegates attending the 59th Annual Institute on Addiction Studies can earn up to 26.5 hours of Continuing Educational Units (CEUs). All CEUs have been approved by the Canadian Addiction Counsellors Certification Federation. CACCF standards often meet or exceed other governing agencies requirements for CEUs (nurses, ATSS, CPGC, etc.) It is the responsibility of the delegate to check with their particular agency for criteria requirements.

Special Thanks
We would like to thank the following members of our planning committee for their combined personal knowledge and experience to develop and make this conference possible.

<table>
<thead>
<tr>
<th>Name</th>
<th>Title/Position</th>
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<tbody>
<tr>
<td>Coreene Cheeseman</td>
<td>Aboriginal Alcohol and Drug Worker, Hamilton Regional Indian Centre</td>
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<tr>
<td>Rick Csiernik</td>
<td>Professor, Kings College, University of Western Ontario and McMaster University</td>
</tr>
<tr>
<td>Tom Gabriel</td>
<td>EFAP Consultant, Crisis &amp; Addiction Counsellor, Toronto Police Association</td>
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<tr>
<td>Marie Duff</td>
<td>Employee Family Assistance Program / Addictions Coordinator, Peel Regional Police Service</td>
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<tr>
<td>Mike Hannon</td>
<td>Westover Treatment Centre, Director of Chemical Dependence Program</td>
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<tr>
<td>Linda Hood</td>
<td>Director, UFCW Local 12R24 Members Assistance Program, ATSS Board of Directors</td>
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<tr>
<td>Jim McIlveen</td>
<td>Ministry of Community Safety and Correctional Services, Recruitment Unit</td>
</tr>
<tr>
<td>Corrie McIlveen</td>
<td>Addictions Counsellor, Hamilton Drug Treatment Court Support, Mission Services of Hamilton</td>
</tr>
<tr>
<td>Jeff Ramackers</td>
<td>EFAP and Addictions Representative, Unifor Local 88</td>
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www.addictionstudies.ca